


September 2017

Jr. - Sr. High School Lunch

Student Paid: \$1.75 Reduced: \$0.25 Adult: \$3.87 Menu subject to change

Monday	Tuesday	Wednesday	Thursday	Friday
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4 Labor Day	5 Superintendents Conference Day	6 Superintendents Conference Day	7 Ham & Cheese Flatbread Sweet Potato Fries Fruit / Milk	8 Cheese Pizza Steamed Broccoli Fruit / Milk
11 Chicken Patty on a bun Green Beans Fruit / Milk	12 TACO TUESDAY Nachos w/seasoned taco meat & cheese Sour cream & salsa Fiesta Corn Fruit / Milk	13 Cheddar Broccoli Soup "Super Bird" Turkey Melt w/ tomato & Cheese Fruit / Milk	14 Ham & Cheese Bagel Melt Sweet Potato Fries Fruit / Milk	15 Calzones Stuffed with pepperoni & Cheese Garden Salad Fruit / Milk
18 Chicken Tenders w/ BBQ Sauce Steamed Peas Fruit / Milk	19 TACO TUESDAY Soft tacos w/ seasoned taco meat Lettuce, tomato, cheese Sour cream & salsa Seasoned Black Beans Fruit / Milk	20 Hot Turkey Dinner Mashed Potatoes Dilled Carrots Fruit / Milk	21 Spaghetti w/ Meat Sauce Garden Salad Garlic Parmesan Roll Fruit / Milk	22 Pepperoni Pizza Steamed Spinach Fruit / Milk
25 Oven Fried Chicken Mashed Potatoes Buttered Corn Fruit / Milk	26 TACO TUESDAY Chicken & Cheese Quesadilla Sour Cream & Salsa Mixed Mexi Beans Fruit / Milk	27 Mixed Italian Sub Ham, pepperoni & bologna w/ lettuce, tomato & cheese Carrot Sticks Fruit / Milk	28 Hot Dogs Corn on the Cob Fruit / Milk	29 Cheese Pizza Three Bean Salad Fruit / Milk
Salad Bar included with all entree meals	Check out the Deli Bar Choice of bread, meat, cheese, lettuce, tomato & red onion	Eat a balanced lunch to give you energy for the rest of the day! 	Try the NEW Fruit Slush Equals 1 fruit component with your meal	Want something you don't see? Drop a note in the suggestion box!!

Welcome Back!

Parents - please sign up and prepay your student's meal account at www.myschoolbucks.com