

September 2019




Jr. - Sr. High School Breakfast

Student Paid: \$ 1.25

Adult: \$ 2.55 + tax

Menu subject to change

Students- Take advantage of our NEW Breakfast Grab 'N Go Kiosk in the front lobby. Short on time, take your breakfast with you to first class!

Monday	Tuesday	Wednesday	Thursday	Friday
2 Labor Day!	3 Superintendent's Day	4 Superintendent's Day	5 Welcome Back! Sausage, Egg & Cheese On a warm Biscuit Fruit, Juice, Milk	6 Breakfast Pizza Fruit, Juice, Milk
9 Pancakes w/ syrup Fruit, Juice, Milk	10 Muffin w/ string cheese Fruit, Juice, Milk	11 Bagel w/ cream cheese Fruit, Juice, Milk	12 French Toast w/ syrup And whipped cream Fruit, Juice, Milk	13 Breakfast Pizza Fruit, Juice, Milk
16 Raised 'N Glazed Donuts Fruit, Juice, Milk	17 Flatbread B'fast Sandwich With Cheesy Scrambled Eggs Fruit, Juice, Milk	18 English Muffin topped With ham & melted cheese Fruit, Juice, Milk	19 Waffles w/ syrup Fruit, Juice, Milk	20 Breakfast Pizza Fruit, Juice, Milk
23 Bagel w/ cream cheese Fruit, Juice, Milk	24 French Toast Sticks w/ syrup Fruit, Juice, Milk	25 Fruit & Yogurt Parfait Muffin Fruit, Juice, Milk	26 Fried Egg & Sausage on an English Fruit, Juice, Milk	27 Breakfast Pizza Fruit, Juice, Milk
30 Dutch Waffle (WG funnel cake) With fruit topping Juice, Milk	Students MUST take at least 3 of the offered daily 4 meal components and 1 MUST be a fruit. This is required by the USDA to participate in the National School Lunch Program		Breakfast IS included with the free & reduced meal program. EVERYONE should start their day with a great breakfast!	Stay "in the know" check out the Food Service page on the District's website www.railroaders.net

Welcome Back!

Parents - please sign up and prepay your student's meal account at www.myschoolbucks.com