

September 2018



Jr. - Sr. High School Lunch

Student Paid: \$2.00 Reduced: \$.25 Adult: \$ 3.94 Menu subject to change

| Monday | Tuesday | Wednesday | Thursday | Friday |
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| 3 Labor Day! | 4 Superintendent's Day | 5 Superintendent's Dy | 6 Tomato Soup w/ WG crackers Grilled Cheese Sandwich Carrot & Celery Sticks Fruit & Milk | 7 Pepperoni Pizza Tossed Salad w/ Italian Dressing Fruit & Milk |
| 10 Chicken Patty on a Bun Green Beans Fruit & Milk | 11 TACO TUESDAY! Soft Tacos w/ seasoned beef & cheese Sour Cream & Salsa Fiesta Bean Salad Fruit & Milk | 12 It's Waffle Wednesday! Chicken & Waffles Buttered Corn Fruit & Milk | 13 Michigan Hot Dogs Baked Beans Fruit & Milk | 14 Veggie Pizza w/ broccoli & red peppers Cucumber Spears w/ Ranch Fruit & Milk |
| 17 Chicken Tenders w/ BBQ Sauce French Fries Garlic Buttered Pasta Fruit & Milk | 18 Burger Stroganoff Served over Egg Noodles Dilled Carrots Fruit & Milk | 19 Fish Sticks Baked Macaroni & Cheese Steamed Broccoli Fruit & Milk | 20 Hot Meatball Sub Brussels Sprouts Fruit & Milk | 21 Cheese Pizza Tossed Salad w/ Dressing Fruit & Milk |
| 24 Railroader Bowl Fluffy mashed Potatoes, topped with popcorn chicken, gravy & cheese Served with roll & butter Fruit & Milk | 25 Chicken Nachos Sour Cream & Salsa Black bean & Corn Salsa Fruit & Milk | 26 Brunch for Lunch Sausage, Egg & Cheese Biscuit Hash Browns Fruit & Milk | 27 Chicken Noodle Soup Grilled Ham & Cheese Sandwich Celery Sticks Fruit & Milk | 28 Italian Dunkers W/ Marinara Steamed Spinach Fruit & Milk |
| There are 5 meal components offered daily. Students must choose 3 of the 5 and include a fruit or vegetable to qualify for a reimbursable meal. This is a USDA regulation that permits WUSD to participate in the NSLP. |  | Check out the Build Your Own Deli Bar Turkey, Ham, Cheese PLUS Chef's choice of salad sandwich Lettuce, Tomato, Onion, Or PBJ EVERY DAY! |  Salad Bar is INCLUDED with all meals | PARENTS Visit www.myschoolbucks.com to manage your children's meal accounts |

Parents - please sign up and prepay your student's meal account at www.myschoolbucks.com