

October 2018





Jr-Sr High School Lunch



Student Paid: \$ 2.00 Reduced: \$.25 Adult: \$3.94 + tax

Menu subject to change

National School Lunch Week October 8 - 12, 2018 and National Farm to School Month Let's Celebrate!!

Monday	Taco Tuesday	Wednesday	Thursday	Friday
1 Chicken Patty on a WG Bun French Fries Fruit & Milk	2 Chicken Nachos Tortilla chips topped with Seasoned Chicken, lettuce, tomato, cheese, salsa Mexi-Bean Salad Fruit & Milk	3 IT'S PASTA DAY Spaghetti & Meatballs Parmesan cheese Garden Salad w/ dressing Fruit & Milk	4 SOUP & SANDWICH Homemade Corn Chowder Grilled Ham & Cheese Sandwich Dilled Carrots Fruit & Milk	5 SOMETHING NEW! Pepperoni & Cheese Bread Marinara for Dipping! Steamed Broccoli Fruit & Milk
8 NO SCHOOL Columbus Day	9 Soft Tacos Seasoned Beef & Cheese Lettuce, Tomato, salsa Refried Beans Fruit & Milk	10 Lasagna Garden salad w/ dressing Garlic Bread Fruit & Milk	11 Chicken & Biscuits Sweet Peas Fruit & Milk	12 BBQ Chicken Pizza Steamed Broccoli Fruit & Milk
15 Chicken Tenders BBQ sauce Sweet Potato Fries / Roll & butter Fruit & Milk	16 Brunch For Lunch Wear Your PJS to School Day Sausage & Egg Biscuit Hash Brown Fruit & Milk	17 Chicken & Broccoli Alfredo Served over Penne Pasta Steamed Broccoli Fruit & Milk	18 IT'S PIZZA DAY Cheese Pizza Garden Salad w/ dressing Fruit & Milk We have a Secret Guest Server Today!	19 NO SCHOOL Superintendent's Day
22 Chicken Patty on a WG Bun Sweet Potato Fries Fruit & Milk	23 Beef & Cheese Quesadilla Sour Cream & Salsa Kidney & Pinto Bean Salad Fruit & Milk	24 Homemade Mac & Cheese Fish Sticks Steamed Broccoli Fruit & Milk	25 Something NEW It's BBQ DAY! BBQ Pork Ribette on a Bun Cole Slaw Fruit & Milk	26 Italian Dunkers w/ marinara Sweet Peas & Corn Medley Fruit & Milk
29 Railroader Bowl Popcorn Chicken, Mashed Potatoes & gravy, Corn & Cheese Roll w/ margarine Fruit & Milk	30 Soft Tacos Seasoned Beef & Cheese Lettuce, Tomato, Salsa Refried Beans Fruit & Milk	31 Happy Halloween!  Franken-Mac (homemade mac & cheese w/ dogs) Steamed Broccoli Fruit & Milk	Students MUST take at least 3 of the offered daily meal components and 1 MUST be a fruit. This is required by USDA To participate in the NSLP Parents- did you fill out a free/reduced meal app?	National School Lunch Week Theme is "School Lunch Lots 2 Love" 

Parents - please sign up and prepay your student's meal account at www.myschoolbucks.com