

October 2018



Jr. - Sr. High School Breakfast



Student Paid: \$ 1.25 Reduced: \$.25 Adult: \$2.55+ tax

Menu subject to change

Monday	Tuesday	Wednesday	Thursday	Friday
1 Raised & Glazed WG Donuts Fruit, Juice & Milk	2 Fluffy Scrambled Eggs Toast Fruit, Juice & Milk	3 Waffle Wednesday WG Waffle w/ syrup Fruit, Juice & Milk	4 English Muffin w/ melted cheese Fruit, Juice & Milk	5 Tony's Breakfast Pizza Fruit, Juice & Milk
8 NO SCHOOL Columbus Day	9 Ham & Cheese Omelet Toast Fruit, Juice & Milk	10 French Toast Sticks w/ syrup Fruit, Juice & Milk	11 Toasted Bagel w/ cream cheese Fruit, Juice & Milk	12 Tony's Breakfast Pizza Fruit, Juice & Milk
15 English Muffin Yogurt Fruit, Juice & Milk	16 WG Apple Breadstick Fruit, Juice & Milk	17 Waffle Wednesday WG Waffle w/ syrup Fruit, Juice & Milk	18 Ham & Cheese Biscuit Fruit, Juice & Milk	19 NO SCHOOL Superintendent's Day
22 Warm Blueberry Muffin String Cheese Fruit, Juice & Milk	23 Fluffy Scrambled Eggs Toast Fruit, Juice & Milk	24 Pancakes w/ sausage links Syrup Fruit, Juice & Milk	25 Yogurt w/ Muffin Fruit, Juice & Milk	26 Tony's Breakfast Pizza Fruit, Juice & Milk
29 Raised & Glazed WG Donuts Fruit, Juice & Milk	30 Scrambled Egg & Cheese On a Flatbread Fruit, Juice & Milk	31  Homemade Pumpkin Chocolate Chip Muffin Fruit, Juice & Milk	All Full Breakfasts should include 2 WGs or 1 WG and 1 protein, and a fruit. You may also choose juice and milk. 3 of the 5 meal components make a full meal	Jumpstart Your Day the Nutritious Way!! Eat a Hearty Breakfast! 

Parents - please sign up and prepay your student's meal account at www.myschoolbucks.com or send check or money order to the WCSD Lunch Fund