

February 2019

Jr./Sr. High School Lunch

Student Paid: \$ 2.00 Reduced: \$.25 Adult: \$ 3.94 + tax Menu subject to change

Pride in Food Service Week - February 4 - 8th

Monday	Tuesday	Wednesday	Thursday	Friday
	Students must take at least 3 of the 5 offered meal components each day and <u>1 MUST be a fruit or vegetable</u> to qualify for a reimbursable meal	Check out the daily specials on our Deli and Salad Bars. Try Something NEW	It's National Heart Healthy Month. Eat your fruits and veggies choose less fats and sugars!	1 Cheese Filled Breadsticks w/ marinara Spinach Fruit & Milk
4 Chicken Cordon Bleu Fiesta Rice Steamed Broccoli Fruit & Milk	5 Soft Taco Lettuce, Cheese Salsa & Sour Cream Fiesta Corn Fruit & Milk	6 Scalloped Potatoes With ham Honey Glazed Carrots Roll & Margarine Fruit & Milk	7 White Bean ~ Chicken Chili Grilled Turkey & Cheese Sandwich Green Beans Fruit & Milk	8 Cheese Pizza Tossed Salad Fruit & Milk
11 Chicken Patty on a Bun Dilled Carrots Fruit & Milk	12 Macho Nacho Bar Build Your Own Choice of Beef or Chicken, Cheese, lettuce, tomato, black beans, pinto beans, onion, black olives Salsa & Sour Cream Fruit & Milk	13 Bacon Cheeseburger On a WG bun Smiley Fries Fruit & Milk	14 Valentines Day! Cheddar Broccoli Soup Monte Cristo Celery Sticks Fruit & Milk	15 Macaroni & Cheese Fish Sticks Steamed Broccoli Roll w/ margarine Fruit & Milk
19 Mid Winter Break NO SCHOOL	20 Mid Winter Break NO SCHOOL	21 Mid Winter Break NO SCHOOL	22 Mid Winter Break NO SCHOOL	23 Mid Winter Break NO SCHOOL
25 Chicken & Waffles Sweet Potato Fries Fruit & Milk	26 Tomato Soup Grilled Cheese Sandwich Broccoli Florets w/ dip Fruit & Milk	27 Toasted Ham & Cheese Flatbread Fiesta Corn Fruit & Milk	28 Double Dogs Michigan Sauce Baked Beans Fruit & Milk	Students may NOT charge snacks or ala carte items. Know your balance! See Mrs Mackey