

December 2018

Jr. - Sr. High School LUNCH

Student Paid: \$2.00 Reduced: \$.25 Adult: \$ 3.94 + tax Menu subject to change

Monday	Tuesday	Wednesday	Thursday	Friday
Students must take 3 of the 5 offered components and one MUST be a fruit or vegetable. These guidelines are required for us to participate in the National School Lunch Program				It's the season of giving. Can you do something nice for someone unsuspecting? Visit the Country Cupboard!
3 Oven Fried Chicken Mashed Potatoes Buttered Corn Roll & Margarine Fruit / Milk	4 Pulled Pork on a bun Three Bean Salad Or Cole Slaw Fruit / Milk	5 Cheeseburger On a Bun Green Beans Fruit / Milk	6 Baked Macaroni & Cheese Roll w/ margarine Dilled Carrots Fruit / Milk	7 Cheese Pizza Steamed Broccoli Fruit / Milk
10 Chicken & Broccoli Alfredo Over Penne Pasta Carrots Fruit / Milk	11 Italian Vegetable Soup The Super Bird Grilled Turkey & Cheese sandwich Salad Bar Fruit / Milk	12 Breakfast For Lunch Sausage, Egg & Cheese on a Biscuit Home Fries Fruit / Milk	13 Spaghetti w/ Meatballs Tossed Salad Garlic - Parmesan Roll Fruit / Milk	14 Pepperoni Calzone Spinach Fruit / Milk
17 Railroader Bowl Mashed Potatoes Popcorn Chicken, Corn, Gravy & Cheese Roll & Margarine Fruit / Milk	18 Taco Meatloaf Mexi Sweet Potato fries Cornbread Fruit / Milk	19 Ham & Cheese Flatbread Steamed Sweet Peas Fruit / Milk	20 Christmas Dinner Roast Turkey in gravy Over Mashed Potatoes Corn Roll & Margarine Fruit / Milk	21 NO School
24 NO School	25 Merry Christmas 	26 NO School	27 NO School	28 NO School

Parents - please sign up and prepay your student's meal account at www.myschoolbucks.com