

September 2018





Elementary Breakfast

Student Paid: \$ 1.25

Reduced: \$.25

Adult: \$ 2.55

Menu subject to change

Monday	Tuesday	Wednesday	Thursday	Friday
3 Labor Day!	4 Superintendent's Day	5 Superintendent's Day	6 Welcome Back! Sausage, Egg & Cheese On a warm Biscuit Fruit, Juice, Milk	7 Breakfast Pizza Fruit, Juice, Milk
10 Assorted Cereal Muffin Fruit, Juice Milk	11 Pancakes w/ syrup Fruit, Juice, Milk	12 Bagel w/ cream cheese Fruit, Juice, Milk	13 French Toast w/ berries And whipped cream Fruit, Juice, Milk	14 Breakfast Pizza Fruit, Juice, Milk
17 Raised 'N Glazed Donuts Fruit, Juice, Milk	18 Cheesy Scrambled Eggs Toast w/ butter Fruit, Juice, Milk	19 English Muffin topped With melted cheese Fruit, Juice, Milk	20 Waffles w/ syrup Fruit, Juice, Milk	21 Breakfast Pizza Fruit, Juice, Milk
24 Assorted Cereal Cinnamon Toast Fruit, Juice Milk	25 French Toast Sticks w/ syrup Fruit, Juice, Milk	26 Fruit & Yogurt Parfait Muffin Fruit, Juice, Milk	27 Fried Eggs Sausage Links & Home Fries Toast w./butter Fruit, Juice, Milk	28 Breakfast Pizza Fruit, Juice, Milk
	<p>Students MUST take at least 3 of the offered daily meal components and 1 MUST be a fruit. This is required by the USDA to participate in the National School Lunch Program</p>		<p>Breakfast IS included with the free & reduced meal program.</p> <p>EVERYONE should start their day with a great breakfast!</p>	<p>PARENTS!</p> <p>If you have not yet filled out a Free & Reduced application for your students, PLEASE give a call. 518-499-1770 ext 2013</p> <p>This is the best way for your kids to get great meals and the most important factor in the sustainability of the school meal program</p>

Pre K- daily snacks variety: grahams, goldfish, string cheese, fruit, yogurt, pop tarts, Zee Zee bars, cheese its granola bars, raisins, 1% white milk

Parents - please sign up and prepay your student's meal account at www.myschoolbucks.com