

# February 2019



## Elementary School Breakfast

Student Paid: \$1.25    Reduced: \$.25    Adult: \$2.55 + tax    Menu subject to change

### Pride in Food Service Week - February 4 - 8th

Monday	Tuesday	Wednesday	Thursday	Friday
	<b>Breakfast IS INCLUDED</b> in the Free/Reduced meal program  <b>Start your day with a nutritious breakfast!</b>	Students MUST <b>take at least 3</b> of the offered daily meal components and <b>1 MUST be a fruit.</b> This is required by USDA To participate in the NSLP	February is National Heart Health Month! Make Wise food choices, more fruits and veggies, less fat and sugar	<b>1</b> Breakfast Pizza Fruit, Juice & Milk
<b>4</b> Raised 'N Glazed Donut Fruit, Juice & Milk	<b>5</b> Pancakes w/sausage Fruit, Juice & Milk	<b>6</b> Waffle Wednesday Fruit, Juice & Milk	<b>7</b> Egg & Cheese Biscuit Fruit, Juice & Milk	<b>8</b> Breakfast Pizza Fruit, Juice & Milk
<b>11</b> English Muffin w/ PBJ Fruit, Juice & Milk	<b>12</b> French Toast Bites w/ syrup Fruit, Juice & Milk	<b>13</b> Fluffy Scrambled Eggs Bacon & Toast Fruit, Juice & Milk	<b>14 Valentine's Day!</b> Ol' Fashioned Funnel Cakes With Strawberries & Cream Fruit, Juice, Milk	<b>15</b> Breakfast Pizza Fruit, Juice & Milk
<b>18</b> Mid-Winter Break <b>NO SCHOOL</b>	<b>19</b> Mid-Winter Break <b>NO SCHOOL</b>	<b>20</b> Mid-Winter Break <b>NO SCHOOL</b>	<b>21</b> Mid-Winter Break <b>NO SCHOOL</b>	<b>22</b> Mid-Winter Break <b>NO SCHOOL</b>
<b>25</b> Blueberry Muffin String Cheese OR Yogurt Fruit, Juice & Milk	<b>26</b> Pancakes w/ syrup Fruit, Juice & Milk	<b>27</b> Ham, Egg & Cheese on A Flatbread Fruit, Juice & Milk	<b>28</b> Fruit & Yogurt Parfait w/ cinnamon granola Juice & Milk	 <small>Choose MyPlate.gov</small>

Parents - please sign up and prepay your student's meal account at [www.myschoolbucks.com](http://www.myschoolbucks.com)