


May 2018

Jr. - Sr. High School Lunch

Student Paid: \$ 1.75 Reduced: \$.25 Adult: \$ 3.69 Menu subject to change

National School Nutrition Employee Week - Look for the contest on the Bulletin Board. How well Do You Know Your Lunch Ladies?

Monday	Tuesday	Wednesday	Thursday	Friday
To make a lunch -choose at least one fruit/juice & veggie .A total of 3 of the 5 offered items Grains, Protein, Milk, fruit/juice OR veggie	1 Macho Nachos Crispy Tortilla Chips Taco Seasoned Meat Cheese Black Bean Salad Fruit / Milk	2 Hump Day Burger Day! Bacon Cheeseburger French Fries Fruit / Milk	3 Tomato Soup Grilled Cheese Sandwich Baby Carrot w/Ranch Fruit / Milk	4 Italian Dunkers Marinara Sauce Green Beans Fruit / Milk
	7 Chicken & Broccoli Alfredo Served over Penne Pasta Brussels Sprouts Fruit / Milk	8 Taco Salad Mounds of crispy tortilla chips, topped with lettuce, tomato, taco meat, cheese & jalapenos. Served with sour cream & salsa Mexi Bean Salad Fruit / Milk	9 Hump Day Burger Day! Mushroom / Swiss Burger Sweet Potato Fries Fruit / Milk	10 Chicken Tenders Brown Rice Buttered Peas Fruit / Milk
14 Chicken Cordon Bleu On a Bun Garlic Wilted Spinach Fruit / Milk	15 Soft Tacos Soft Shells filled With taco meat & Cheese Served with Sour Cream & Salsa Refried Beans Fruit / Milk	16 Hump Day Burger Day! Cowboy Burger w/ cheese & BBQ Sauce French Fries Fruit / Milk	17 Michigan Dogs On a Bun Baked Beans Fruit / Milk	18 Railroader Pizza Stuffed Double Crust Steamed Green Beans Fruit / Milk
21 Railroader Bowl Fluffy mashed Potatoes, topped with popcorn chicken, corn, cheese and gravy Roll & Butter Fruit / Milk	22 Chicken Nachos Tortilla Chips topped w/ Chicken & Cheese Sour Cream & Salsa Black Bean & Corn Relish Fruit / Milk	23 Hump Day Burger Day! Quarter Pounder w/ cheese Sweet Potato Fries Fruit / Milk	24 Hamburger Pinwheels Homemade dough filled with seasoned beef, baked and topped w/ homemade gravy Steamed Green Beans Fruit / Milk	25 Cheesy Flatbread Pizza Cherry Tomato & Corn Salad Fruit / Milk
28 NO SCHOOL Memorial Day 	29 Chicken 'N Waffles Green Beans Roll & Butter Fruit / Milk	30 Hump Day Burger Day! Philly Burger w/ cheese & grilled peppers French Fries Fruit / Milk	31 Super Bird Sandwich Grilled Turkey & Cheese Cucumber & Baby Carrots Fruit / Milk	Students may NOT charge snacks or ala carte items.

Parents - please sign up and prepay your student's meal account at www.myschoolbucks.com