


May 2018

Jr. - Sr. High School Breakfast

Student Paid: \$ 1.00 Reduced: \$.25 Adult: \$ 2.30 Menu subject to change

National School Nutrition Employee Week-May 7 - 11 ~ take a minute to thank the ladies that serve you

Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast as EASY as 1-2-3 1. Milk choice 2. 2 servings fruit, juice or vegetable. 1 MUST be a fruit 3. 2 servings of whole grain OR 1 serving of whole grain and 1 serving of protein.	1 WG Raised 'N Glazed Donut Fruit Juice / Milk	2 Waffle Wednesday w/ syrup Fruit Juice / Milk	3 Egg & Cheese on A Biscuit Fruit Juice / Milk	4 Breakfast Pizza Fruit Juice / Milk
7 Toasted English Muffin w/ PBJ Fruit Juice / Milk	8 Ham & Cheese Melt On a Hard Roll Fruit Juice / Milk	9 Something NEW! Pancake 'N Sausage Sandwich Fruit Juice / Milk	10 Cheesy Scrambled Eggs WG Toast Fruit Juice / Milk	11 Breakfast Pizza Fruit Juice / Milk  Don't Forget Mother's Day - Sunday 5/13
14 Peanut Butter And Banana Roll Ups Juice / Milk	15 WG Raised 'N Glazed Donut Fruit Juice / Milk	16 French Toast Sticks W / syrup Fruit Juice / Milk	17 Sausage & Cheese on A Biscuit Fruit Juice / Milk	18 Breakfast Pizza Fruit Juice / Milk
21 WG Raised 'N Glazed Donut Fruit Juice / Milk	22 Toasted Bagel w/ cream cheese Fruit Juice / Milk	23 Something NEW! Ham & cheese waffle melt Fruit Juice / Milk	24 B'fast Burrito Sour Cream & Salsa Fruit Juice / Milk	25 Breakfast Pizza Fruit Juice / Milk
28 Toasted English Muffin w/ Melted Cheese Fruit Juice / Milk	29 WG Raised 'N Glazed Donut Fruit Juice / Milk	30 Pancake on a Stick Fruit Juice / Milk	31 Something NEW! Breakfast Bowl Scrambled Eggs, Hash Browns, Sausage & Cheese Fruit Juice / Milk	Breakfast IS INCLUDED in the Free/Reduced meal program Start your day with a nutritious breakfast!

Parents - please sign up and prepay your student's meal account at www.myschoolbucks.com