




December 2017

Jr. - Sr. High School LUNCH

Student Paid: \$1.75 Reduced: \$.25 Adult: \$ 3.62 Menu subject to change

Monday	Tuesday	Wednesday	Thursday	Friday
Students must take 3 of the 5 offered components and one MUST be a fruit or vegetable. These guidelines are required for us to participate in the National School Lunch Program				1 Super Bird Grilled Turkey & Cheese Sandwich Carrot Sticks w/ Ranch Fruit / Milk
4 Oven fried Chicken Mashed Potatoes Buttered Corn Roll & Margarine Fruit / Milk	5 Macho Nachos Nachos w/ taco meat & cheese Sour Cream & Salsa Refried Beans Fruit / Milk	6 Cheeseburger On a Bun Green Beans Fruit / Milk	7 Baked Macaroni & Cheese Roll w/ margarine Dilled Carrots Fruit / Milk	8 Cheese Pizza Steamed Broccoli Fruit / Milk
11 Chicken & Broccoli Alfredo Over Penne Pasta Carrots Fruit / Milk	12 Chicken Nachos Tortilla Chips topped with seasoned Chicken, Lettuce, Tomatoes, Cheese Sour Cream & Salsa Mexi Bean Salad Fruit / Milk	13 Ham & Cheese Flatbread Steamed Sweet Peas Fruit / Milk	14 Spaghetti w/ Meatballs Tossed Salad Garlic - Parmesan Roll Fruit / Milk	15 Cheese OR Pepperoni Pizza Spinach Fruit / Milk
18 Railroader Bowl Mashed Potatoes Popcorn Chicken, Corn, Gravy & Cheese Roll & Margarine Fruit / Milk	19 Taco Meatloaf Mexi Sweet Potato fries Siesta Corn bread Fruit / Milk	20 Breakfast For Lunch Sausage, Egg & Cheese on a Biscuit Home Fries Fruit / Milk	21 Christmas Dinner Baked Ham Scalloped Potatoes Green Bean Casserole Fruit Salad / Milk	22 Gilardi Cheese Stuffed Breadsticks w/ marinara Salad Bar Fruit / Milk
25 Merry Christmas!	26 NO School	27 NO School	28 NO School	29 NO School

Parents - please sign up and prepay your student's meal account at www.myschoolbucks.com