



February 2018

Elementary School Breakfast

Student Paid: \$ 1.00 Reduced: \$.25 Adult: \$ 2.30 Menu subject to change

Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast as EASY as 1-2-3 1. Milk choice 2. 2 servings fruit, juice or vegetable. 1 MUST be a fruit 3. 3. 2 servings of whole grain OR 1 serving of whole grain and 1 serving of protein.	Breakfast IS INCLUDED in the Free/Reduced meal program Start your day with a nutritious breakfast! 	Grab 'N Go Breakfasts available every day!	1 Breakfast Pizza Fruit Juice / Milk	2 Cheesy Eggs w/Toast Fruit Juice / Milk
5 Cereal w/ Muffin Fruit Juice / Milk	6 Pancakes w/sausage Fruit Juice / Milk	7 Yogurt w/ grahams Fruit Juice / Milk	8 Breakfast Pizza Fruit Juice / Milk	9 Egg & Cheese Biscuit Fruit Juice / Milk
12 Cereal w/ Muffin Fruit Juice / Milk	13 French Toast/syrup Fruit Juice / Milk	14  Valentines Day Waffles w/ berries Juice / Milk	15 Breakfast Pizza Fruit Juice / Milk	16 Toasted Bagel w/ peanut butter OR cream cheese Juice / Milk
19 Mid-Winter Break NO SCHOOL	20	21	22	23
26 Frudel Juice / Milk	27 Cereal w/ Muffin Fruit Juice / Milk	28 English Muffin String Cheese Fruit Juice / Milk	Students MUST take at least 3 of the offered daily meal components and 1 MUST be a fruit. This is required by USDA To participate in the NSLP	Parents pre pay your students meal account using www.MySchoolBucks.com Visit the site to see daily transactions

Pre K- daily snacks variety: grahams, goldfish, string cheese, fruit, yogurt, pop tarts, Zee Zee bars, cheese its granola bars, raisins, whole milk